



Day Spa

MENU OF SERVICES



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MESSAGE FACILITY LICENSE #46581

# GENERAL INFORMATION



## SPA RESERVATIONS

To make a treatment reservation, please call or text to (904) 293-1692 to speak with a spa tender who is waiting to serve you. You may also book online using our Client Portal. If you're purchasing for someone else feel free to use our online store at [www.pvmedspa.online](http://www.pvmedspa.online) to shop for retail products, spa services, gift cards and more.



## CANCELLATION AND RESCHEDULING

We require 48 hours' notice for cancellations in order to receive a full refund. Failure to give 48 hours' notice will result in a charge for 50% of the service booked.



## ARRIVAL

Plan to arrive 20 minutes prior to your scheduled service so that you may enjoy an unhurried, stress free check-in. Some paperwork may be required before receiving certain services as well as a brief consultation with your treatment providers. Unfortunately, late check-ins will likely result in an abbreviated or canceled service.



## SPA USE AND AMENITIES

Spa guests must be 18 years of age or older to receive robed spa services and use the Spa amenities. Use of Spa amenities is complimentary for all Spa guests on the day of scheduled spa services.



## SPA ETIQUETTE

So that an atmosphere of relaxation can be maintained, and as a courtesy to other spa guests, we ask that all electronic devices (cameras, cell phones, laptops, tablets, etc.) be turned off and not used while in the Spa. We will provide private lockers for your phones and other valuables. Also, note, the Spa facility and its grounds are a smoke-free environment.



## MEDICAL CONDITIONS

So that we may perform your service safely and effectively, please inform us of any medical conditions or other special needs that require our attention when booking your spa treatment.



## SPA ATTIRE

Complimentary spa robes and slippers are provided for all guests. For your privacy, professional draping is performed throughout the duration of your service. Disposable spa bras and panties are available upon request.



## MEMBERSHIPS

Memberships available to reduce service costs. Ask us for more information.





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# FACE TREATMENTS



## THE SALTFACIAL® - \$300 for Non-Members

The SaltFacial is an innovative three-step skin renewal and resurfacing treatment designed to rejuvenate the skin to a more youthful state. During step 1 the skin is exfoliated using pressurized sea salt. Step 2 uses ultrasound to penetrate topical nutrients deep into the skin. Step 3 is a relaxing session under high intensity LED and infrared lights. **60 minutes**



## DIAMONDGLOW FACIAL - \$250 for Non-Members

The DiamondGlow is unlike any other facial device on the market. With its unique and innovative three-in-one technology, the diamond tip wand simultaneously exfoliates, extracts debris, and infuses the skin with professional-grade SkinMedica® serums. Instead of using wet, chemical exfoliation like other devices, the diamond tip delivers superior skin resurfacing mechanically, without the use of chemicals that can irritate the skin. **45 minutes**



## ANTI-AGING FACIAL - \$120 AND UP

Mask the signs of aging with this luxurious clinical facial which acts as a wrinkle corrector by utilizing a combination of peptides and retinol. After one treatment, lines are relaxed and skin is plumper and exquisitely rejuvenated. **60 minutes**



## ESSENTIAL FACIAL - \$110

A classic deep cleansing facial personally tailored to meet your skin's needs. Whether you have dry, sensitive, oily or acne prone skin, your concerns are addressed and improved in this results-oriented facial. **50 minutes**



## GLO2FACIAL - \$250

A state-of-the-art non-invasive facial solution. This innovative 3-in-1 treatment gently exfoliates, infuses, and oxygenates the skin. Powered by patented technology, it generates CO2 bubbles that softly burst on the skin, promoting the influx of oxygen-rich blood to the treated area leaving the skin refreshed, glowing, and rejuvenated.



## GLACIAL FACIAL - \$300

The Glacial Facial is the first and only treatment to use precision cooling to effectively address redness, melasma, and brown spots. This relaxing and soothing facial fights inflammation, exfoliates the skin, and normalizes melanin production, resulting in a brighter, more even complexion. Experience the ultimate refresh for your skin!



# FACE TREATMENTS CONT.



## JUST FOR MEN - \$110

A facial treatment addressing the needs and common skin conditions of men, which is designed to calm razor burn, soothe environmental exposure and clarify impurities. Skin is revitalized for a more youthful appearance. **50 minutes**



## TEEN FACIAL - \$90 - \$125

This treatment is great for both girls and boys going through the changes that effect skin appearance and produce acne. By deep cleaning the pores and applying light therapy to kill acne producing bacteria, breakouts and acne scarring are reduced. **30-45 minutes**



## DERMAPLANING - \$50 AND UP

Dermaplaning is a technique of exfoliating the face using a sterile surgical blade that can only be performed by a trained professional - for obvious reasons. This exfoliation method removes the top layer of dead skin that hasn't yet sluffed off naturally while also removing the vellus hair (peach fuzz). Your face will be soft and smooth allowing for more efficient absorption of skin care products and a smoother look to your makeup.



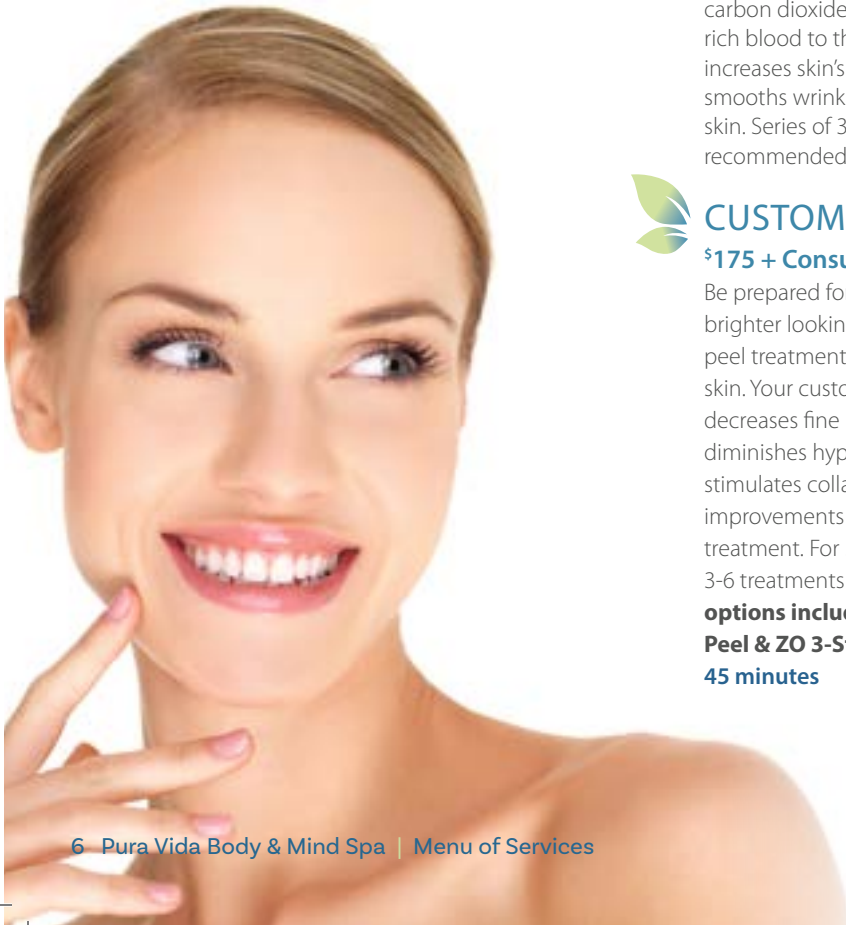
## CO2 CARBOXY LIFT -

Carboxytherapy infuses the skin with carbon dioxide (CO2), rushing oxygen rich blood to the tissue. This treatment increases skin's hydration by 117% , smooths wrinkles, and tightens the skin. Series of 3 weekly treatment is recommended.



## CUSTOMIZED PEELS - \$175 + Consultation Required

Be prepared for tighter, smoother, brighter looking skin with an intensive peel treatment customized for your skin. Your customized medical peel decreases fine lines, wrinkles and pores, diminishes hyperpigmentation and stimulates collagen synthesis. Visible improvements are seen after just one treatment. For best results, a series of 3-6 treatments is recommended. **Peel options include: Skin Medica, VI Peel & ZO 3-Step Peel.**  
**45 minutes**



# FACE & BODY TREATMENTS



## TCA PEEL 10% - \$450

The TCA Peel 10% is a gentle exfoliating treatment perfect for beginners or sensitive skin. This lower concentration of trichloroacetic acid promotes cellular turnover, helping to diminish fine lines, mild pigmentation, and uneven texture. It reveals a brighter, smoother complexion while maintaining skin health.



## TCA PEEL 20% - \$450

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## RESURFACER SALICYLIC 30% - \$250

The Salicylic 30% Resurfacer Peel is an effective treatment for acne-prone and oily skin. With a high concentration of salicylic acid, it penetrates pores to dissolve excess oil, unclog follicles, and reduce blemishes. This peel enhances skin texture, minimizes hyperpigmentation, and tightens pores. Ideal for achieving a clearer, smoother complexion, it promotes cellular turnover and healthy skin renewal, leading to a brighter, more refined skin tone and fewer acne flare-ups with regular use.



## RF MICRONEEDLING -

Our RF Microneedling devices use the latest in robotic, radiofrequency (RF) technology, to amp up the effectiveness of the treatment. RF microneedling treatments are well known in the cosmetic industry for improving skin tone, texture, and laxity of the skin. This highly effective treatment creates firmer tighter skin, a smoother texture, and a glowing complexion that lasts over time. **Consultation Required.**



## PEN MICRONEEDLING -

Pen microneedling is a minimally invasive treatment that stimulates collagen production by creating micro-injuries in the skin. This process enhances skin texture, reduces fine lines, and minimizes scars. Ideal for all skin types, it promotes natural healing, leaving your complexion rejuvenated and youthful. **Consultation Required.**



## VAMP ADD-ON -

Enhance your treatment with this powerful add-on! Designed to boost results, this upgrade further stimulates collagen, improves skin texture, and enhances hydration for even greater skin rejuvenation. Perfect for maximizing glow and achieving firmer, more youthful skin. This treatment can be added on to any laser, Microneedling or Smoothglo treatment! A consultation is required for this add on. **Consultation Required.**



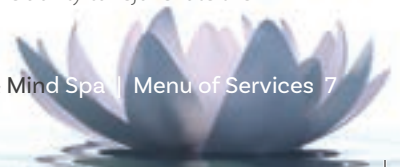
## LED & INFRARED LIGHT THERAPY - \$75 (Series of 6 - \$400)

LED Light therapy uses specific color wavelengths of light and infrared light that penetrate the skin at varying depths. This stimulates a healing response and increases the skin's production of collagen. It is FDA-approved for anti-aging and improving skin conditions such as acne, rosacea, eczema, psoriasis, collagen production, skin tone, and skin texture.



## INFUSION SYSTEM FOR SKIN REJUVENATION - \$399 non-members/\$299 members

The needle head contains 20 needles, each being 0.13mm in diameter. These small needles allow for a more comfortable treatment experience. An innovative micro infusion system that gives the Practitioner the ability to rejuvenate the overall appearance of the skin.





## FACE & BODY TREATMENTS CONT.



### THE AEROLASE NEO ELITE® LASER - Prices Vary

The Aerolase Neo Elite is a cutting-edge laser platform that offers comprehensive, customized results for patients searching for aesthetic or dermatological treatments Unparalleled in its ability to treat many aesthetic concerns in patients of ALL skin types and color, Aerolase Neo Elite is safe, effective, and precise in its delivery.

**Consultation required.**

- **NeoClear by Aerolase Acne Treatment**
- **NeoSkin by Aerolase Melasma & Hyperpigmentation Treatment**
- **NeoSkin by Aerolase Rejuvenation & Tightening**
- **NeoSkin by Aerolase Rosacea, Redness, and Vein Treatment**
- **Psoriasis Clearance**
- **Nail Fungus Treatment**
- **PFB (ingrown hair) Treatment**
- **Pigmented Lesion Treatment**
- **Skin of Color Rejuvenation**





# MASSAGES

## SIGNATURE MASSAGE - \$125, \$150

This massage offers a customized experience by utilizing softly scented aromatic oils and skillful massage techniques. Whether you prefer the gentle touch of a Swedish massage or a deeper massage, this customized treatment approach allows you to choose the massage to best suit your needs. **50 and 80 minutes**

## DEEP TISSUE - \$155, \$175

A revitalizing massage designed to promote flexibility, increase circulation and stimulate the muscles. Using a combination of therapeutic techniques and products, this treatment will prepare or repair you before or after physical activity. **50 and 80 minutes**

## PRENATAL - \$135, \$165

Increase circulation, soothe the muscles and lessen water retention with this gentle massage centered around the lower back, hips, shoulders and feet (expecting mothers must be past their 1st trimester; deep work not administered). **50 and 80 minutes**

## POST-SURGICAL LYMPHATIC DRAINAGE MASSAGE - \$175 Per Session/Special Pricing for Packages

After having surgery, particularly plastic surgery such as tummy tuck, liposuction, and BBL your body's lymphatic system can use a little help to expedite your healing. It is normal to have swelling after surgery but with some surgery excess swelling can occur and delay healing. Lymphatic massage moves the fluid to be flushed away which prevents fibrosis (thick scar tissue) and reduces swelling, bruising and pain. **50 Minutes**

## LYMPHATIC DRAINAGE FOR WELLNESS/DETOX - \$165

The lymphatic system is the system of tissues, vessels, and organs that work in conjunction to maintain fluid levels in our body, support immune function, and keep blood circulating. Basically, the lymphatic system is important to keeping you and your immune system healthy and strong. If you've been feeling sluggish, tired, puffy or are sick often, consider this detoxing massage. If you're undergoing any fat reduction treatments, lymphatic drainage will greatly add to the removal of dead fat cells. Note: this is a very light touch massage focusing on armpits, groin, neck and areas that have the most lymph nodes. The amount of pressure will not be adjusted.

## PAIN RELIEF MASSAGE WITH RF - \$250

Indulge in a 50-minute massage combined with the TriLift RF device for deep muscle relaxation and body rejuvenation. The RF technology targets muscle tension, promotes circulation, and helps alleviate tightness, leaving you feeling refreshed, revitalized, and deeply relaxed. **50 Minutes**

# MASSAGE ENHANCEMENTS:



## SCALP - \$35

focusing on scalp and head massage to relax and de-stress



## HOT STONES - \$35

Add Hot Stones into your massage to help relieve muscle tension



## TMJ/SINUS RELIEF - \$35

Massage to relieve sinus pressure and the painful symptoms of TMJ.



## MASSAGE GUN- \$35

Therapeutic device incorporated into massage for extra relaxation and circulation.



## CUPPING- \$35

Using suction to decompress muscle tension and release trigger points.



## EXFOLIATING SCRUB- \$35

Choose between Hand, Feet OR Back, sea salt scrub and polished with shea butter body cream



## AROMATHERAPY- \$35

Your therapist will recommend an essential oil to add to your lotion that best fits your needs



## SPRAY TAN

Get a flawless, sun-kissed glow without the harmful UV rays! Our custom spray tan is tailored to your skin tone and desired shade—whether you want a natural radiance or a deep, bronzed look. This quick-drying, streak-free formula provides even coverage for a flawless finish. Perfect for special events or just maintaining a healthy glow year-round!

- \$75

# WAXING

## SERVICES & PRICING

- Facial Waxing - \$65  
*(does not include brows)*
- Brow Shaping - \$25
- Teen Brow Shaping - \$15
- Brow Tinting - \$45
- Lower Legs - \$80
- Full Legs - \$135
- Arms - \$45
- Upper Lip - \$15
- Back - \$125
- Underarm - \$25
- Bikini - \$35
- Brazilian - \$65



## BROW & LASH ENHANCEMENTS

Our Lash Stylist specializes in designing custom curated lashes specific to your desired look. She will make recommendations and customizations to enhance the unique shape of your eyes. Lash styles include various levels of volume and length, from basic enhancement to glamour lashes. By offering lash lifts, lash tinting and/or Latisse, we can give you the lashes you have always dreamed of.

We also offer brow lamination and a brow bundle, which includes lamination, tint, and shaping.



# RELAXATION & WELLNESS



## **SALT THERAPY (HALOTHERAPY) - \$45 per session**

During a salt therapy session, you will be taken to our Salt Cave, which is a place designed for you to relax in a temperature-controlled environment and inhale the natural salt-filled air. You will be surrounded by salt on the walls and floor, which will be diffused into the air so you can breathe it in easily. These sessions typically last around 45 minutes at a time. This is created to be a comfortable, stress-free treatment that brings healing to your mind and body.



## **INFRARED SAUNA - \$35 per session**

Unlike a traditional sauna which uses heat or steam to achieve these health benefits, an infrared sauna treatment employs cutting-edge LED light panels to emit pure, concentrated infrared light to safely and effectively raise the body's core temperature. Many patients find this therapy more comfortable and enjoyable than traditional saunas because the overall heat is much lower. Because the infrared light is concentrated, the health-boosting benefits are even more effective.



## **B12 INJECTIONS -**

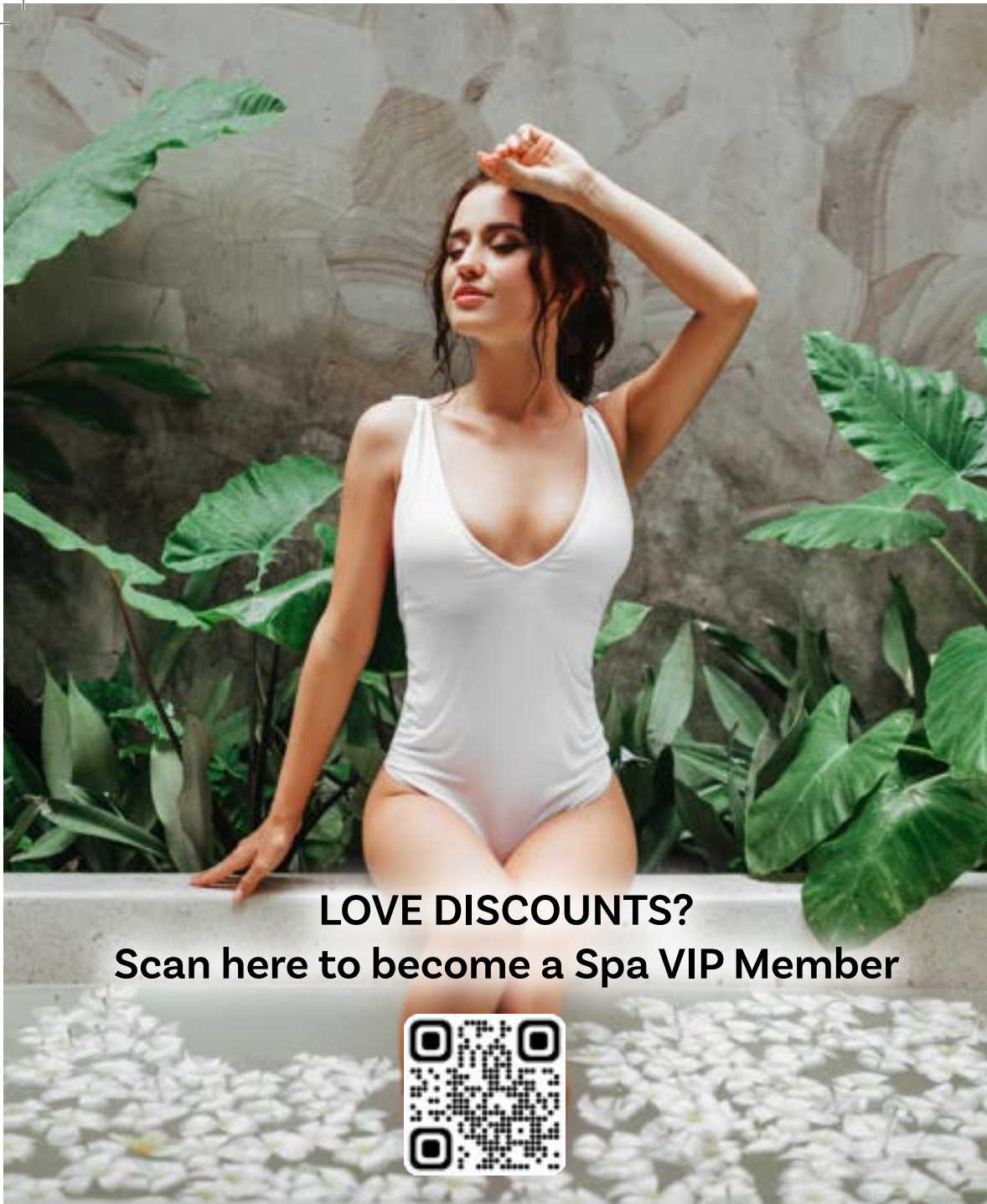
A great option for boosting energy and helping to promote a faster metabolism through a quick and easy treatment process.



## **THE SKINNY SHOT -**

Also known as a lipotropic injection, can aid in effective weight loss by boosting your metabolism and energy levels.





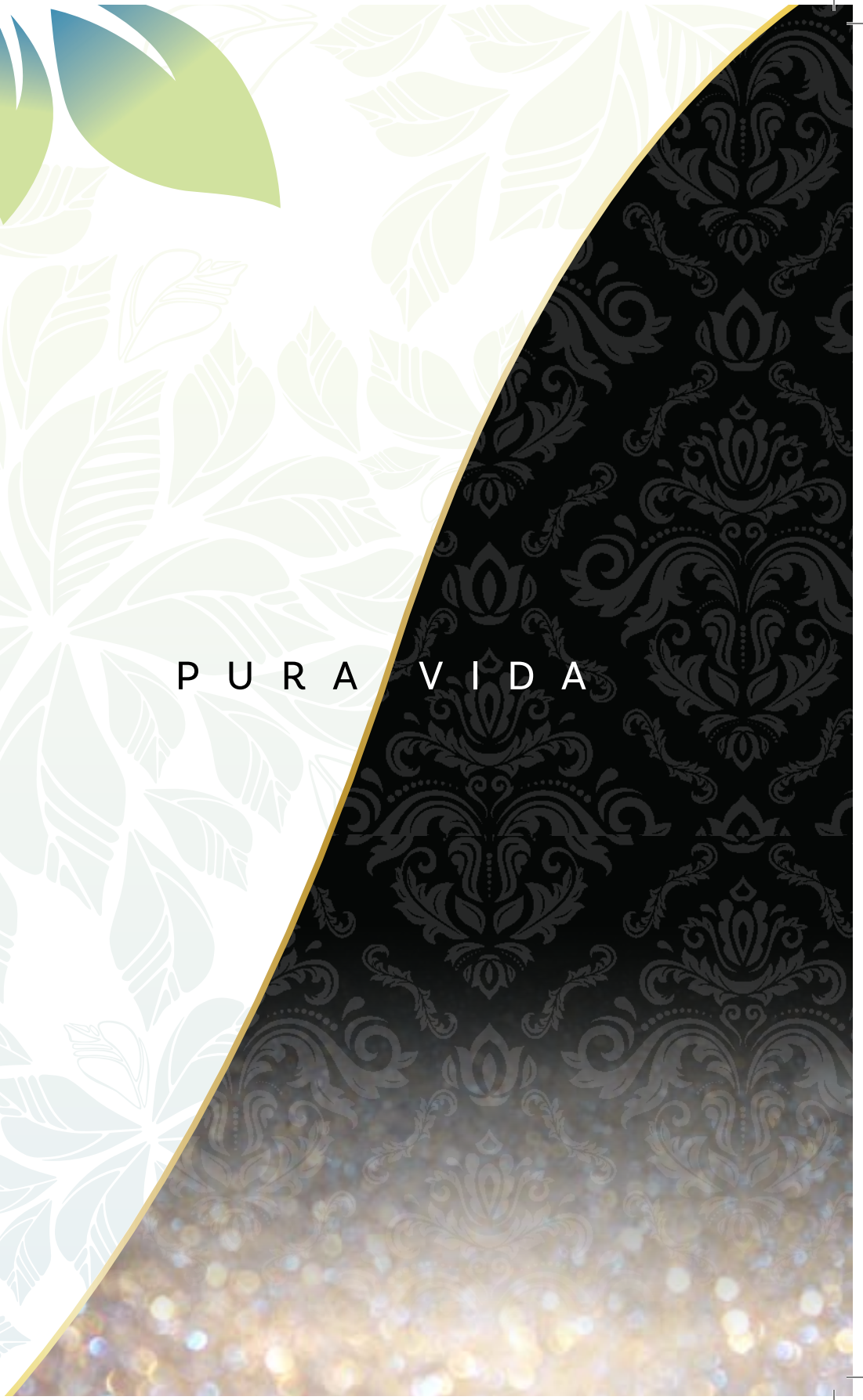
**LOVE DISCOUNTS?**  
**Scan here to become a Spa VIP Member**



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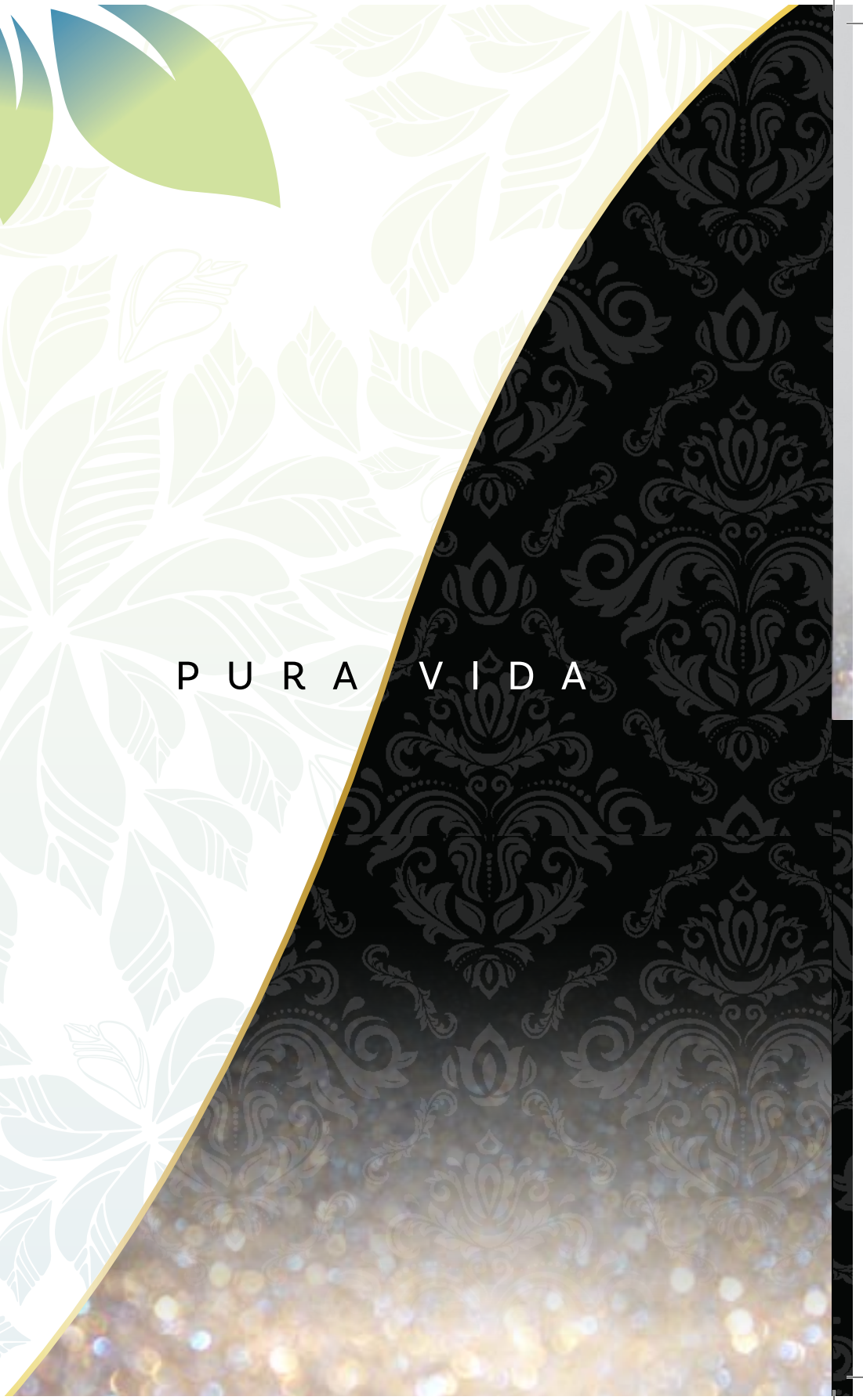


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*MedSpa*

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# General Information

## **NO TIPPING PLEASE**

We pay our "Pura Divas" well so that you don't feel obligated to tip. Please respect that our Medspa Professionals are not permitted to accept tips from you. The very best way to reward them for a great treatment is to give them a review online and to refer your friends and family. Scan the QR code here to leave a review.



## **ARRIVAL**

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# Face Treatments

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**\$300 FOR NON-MEMBERS**

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**minutes**

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## **INFUSION SYSTEM FOR SKIN REJUVENATION - \$399**

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A facial treatment addressing the needs and common skin conditions of men, which is designed to calm razor burn, soothe environmental exposure and clarify impurities. Skin is revitalized for a more youthful appearance. **50 minutes**

## TEEN FACIAL - \$90 - \$125

This treatment is great for both girls and boys going through the changes that effect skin appearance and produce acne. By deep cleaning the pores and applying light therapy to kill acne producing bacteria, breakouts and acne scarring are reduced. **30-45 minutes**

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## CO2 CARBOXY LIFT -

Carboxytherapy infuses the skin with carbon dioxide (CO2), rushing oxygen rich blood to the tissue. This treatment increases skin's hydration by 117% , smooths wrinkles, and tightens the skin. Series of 3 weekly treatment is recommended.

## CUSTOMIZED PEELS - \$175 + CONSULTATION REQUIRED

Be prepared for tighter, smoother, brighter looking skin with an intensive peel treatment customized for your skin. Your customized medical peel decreases fine lines, wrinkles and pores, diminishes hyperpigmentation and stimulates collagen synthesis. Visible improvements are seen after just one treatment. For best results, a series of 3-6 treatments is recommended. **Peel options include: Skin Medica, VI Peel & ZO 3-Step Peel**  
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## TCA PEEL 10% - \$450

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# Face & Body Treatments

## **RF MICRONEEDLING -**

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## **PEN MICRONEEDLING -**

Pen microneedling is a minimally invasive treatment that stimulates collagen production by creating micro-injuries in the skin. This process enhances skin texture, reduces fine lines, and minimizes scars. Ideal for all skin types, it promotes natural healing, leaving your complexion rejuvenated and youthful. **Consultation Required.**

## **VAMP ADD-ON -**

Enhance your treatment with this powerful add-on! Designed to boost results, this upgrade further stimulates collagen, improves skin texture, and enhances hydration for even greater skin rejuvenation. Perfect for maximizing glow and achieving firmer, more youthful skin. This treatment can be added on to any laser, Microneedling or Smoothglo treatment! A consult is required for this add on. **Consultation Required.**

## **MICRONEEDLING HAIR LOSS TREATMENT -**

This advanced treatment creates micro-channels in the scalp, boosting collagen production and increasing blood flow to revitalize dormant hair follicles. It enhances absorption of growth-stimulating serums, promoting thicker, healthier hair with minimal downtime. Ideal for those experiencing hair thinning or early hair loss.

## **INFRARED SAUNA - \$35 PER SESSION**

Unlike a traditional sauna which uses heat or steam to achieve these health benefits, an infrared sauna treatment employs cutting-edge LED light panels to emit pure, concentrated infrared light to safely and effectively raise the body's core temperature. Many patients find this therapy more comfortable and enjoyable than traditional saunas because the overall heat is much lower. Because the infrared light is concentrated, the health-boosting benefits are even more effective.

## PLASMA SKIN RESURFACING -

Using plasma energy, microinjuries are safely created across the surface of the skin anywhere on the face or body. These injuries stimulate the body's natural healing process, which produces large amounts of collagen and elastin. Reduces fine lines, wrinkles, and tightens skin. This treatment is sometimes referred to as fibroblast skin tightening

## LASER TREATMENTS -

### IPL, LASER GENESIS

Using our top of the line lasers, we are able to treat a wide range of skin conditions including minimizing the signs of aging, improving wrinkles, and treating vascular and pigmented lesions. A consultation is required before booking.

### LASER HAIR REMOVAL -

Achieve smooth, hair-free skin with laser hair removal, a safe and effective treatment for long-lasting results. This advanced technology targets hair follicles to reduce regrowth, preventing irritation and ingrown hairs. Perfect for areas like the face, underarms, bikini, and legs, treatments are quick with minimal discomfort and no downtime. A consultation is required to customize your treatment plan.

**TRILIFT NON-SURGICAL FACELIFT -** triLift is the first of its kind, cutting edge technology that uses TriPollar® RF energy, triFX RF microneedling, and Dynamic Muscle Stimulation (DMSt) this treatment restores lost facial volume and tightens the facial muscles to lift the facial tissues back to a more youthful state.

**SMOOTHGLO-** For aging, dull, and pigmented skin, our SmoothGlo™ system combines IPL (intensed pulse light) and RF microneedling to synergistically restore the surface of the skin and lost facial volume.

**CO2 LASER -** Using fractional laser skin resurfacing, the laser reduces wrinkles, tightens skin and improves texture. As your skin heals, healthy new skin is revealed. Expect 5-7 days downtime with this treatment. **Consultation is required.**

## THE AEROLASE NEO ELITE® LASER - PRICES VARY

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**\$75 (Series of 6 - \$400)**

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# Injectables

## DERMAL FILLERS - CONSULTATION REQUIRED

- **Lip Filler** - Using a hyaluronic acid-based dermal filler we can add volume, shape, softness and hydration to the lips.
- **Cheek Filler & Contouring** - We can place dermal filler injections into your cheeks to plump up sunken areas, boost volume and contour in the mid-face for a more youthful appearance.
- **Jawline Contouring** - Nonsurgical jawline contouring can help the look of a double chin or treat age-related facial volume loss to give you a more defined appearance.
- **Non-Surgical Rhinoplasty** - Nonsurgical rhinoplasty is an effective way to alter or improve the appearance of the nose without surgery, bruising, and/or long recovery periods.
- **Liquid Facelift** - Using a combination of wrinkle relaxers and dermal fillers we provide a customized treatment to return the face to a more youthful look.
- **Chin Augmentation** - Liquid chin augmentation is a nonsurgical injectable dermal filler treatment that adds temporary volume to enhance the size and shape of the jawline.

**ARIESSENCE PDGF** - A groundbreaking, non-filler injectable that targets under-eye hollowing, dark circles, and crepey skin. This regenerative treatment stimulates true correction—restoring volume and brightness with zero puffiness.

**BIOSTIMULATORS** - Achieve lasting rejuvenation with biostimulatory injectables like Sculptra®, Radiesse®, and Bellafill®. These advanced treatments work beneath the surface to stimulate your body's natural collagen production—restoring volume, smoothing lines, and improving skin quality over time. Results are gradual, natural-looking, and can last up to 5 years.

# Neurotoxin Injections

## LIP FLIP - \$150

By injecting in and around your top lip we can subtly soften your natural lip shape for a more pouty look without added volume.

## NEFERTITI NECK LIFT - \$450

The Nefertiti lift (nonsurgical neck lift) involves using wrinkle relaxer injectables to smooth lines and wrinkles on the neck and around the jawline.

## LIQUID BROW LIFT -

liquid brow lift is a cosmetic injectable treatment for men and women who want to rejuvenate a sagging, older brow appearance without surgery. **Consultation Required**

## GUMMY SMILE CORRECTION - \$100

Neurotoxins like Botox can be used to augment the upper lip for individuals who have a gummy smile or too much top gumline showing.

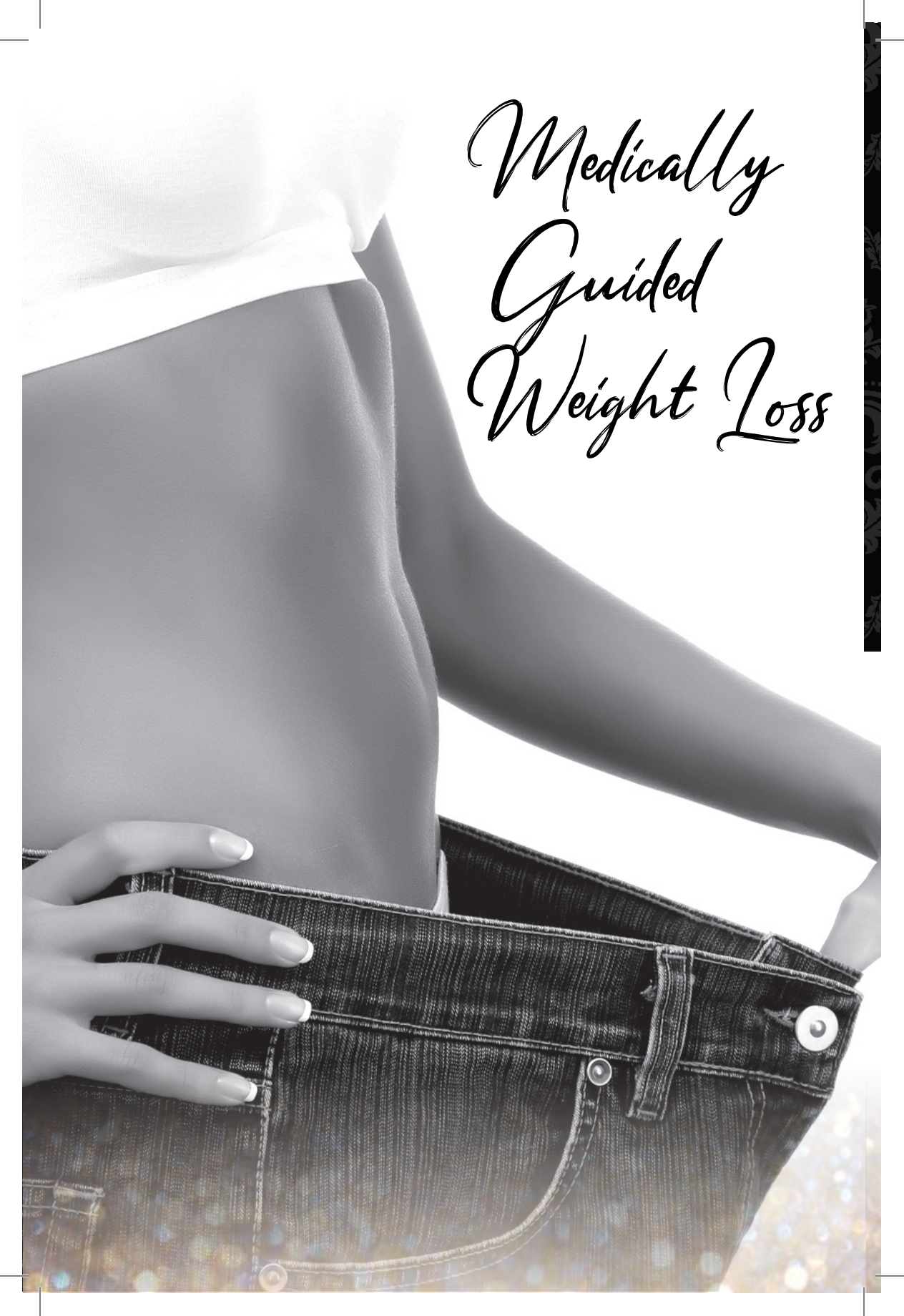
## KYBELLA (PCDC) FAT DISSOLVE - \$700 PER SYRINGE

This injectable medication is used to decrease the fat cells in any area of the body. It is often used in the neck and lower jaw area for a more contoured and slim profile and to eliminate a double chin. Deoxycholic acid is also often used in the bra fat region and love handles. This solution destroys the fat cells' membranes so they collapse and your body can naturally absorb and remove the fat. **Consultation Required**

## Our Products

- Belotero
- Juvéderm®
- Voluma
- Volbella
- Vollore
- Radiesse®
- RHA
- Sculptra
- Versa Lips
- Restylane®
- Contour
- Kysse
- Refyne
- Defyne
- Lyft
- Botox
- Xeomin
- Dysport
- BellaFill - 5 Year Filler





*Medically  
Guided  
Weight Loss*

## WEIGHT LOSS PROGRAMS

- **Rocking Bod 2.0**

This long term weight loss program is ideal for those with stubborn fat when other weight loss programs have failed. Excess weight is largely a result of unhealthy eating habits, busy lifestyles, everyday stress, micro-nutrient deficient food supply, hormones, genetics, and insulin resistance. The things can make it very difficult to lose weight. In conjunction with diet and exercise, medically guided weight loss may include phentermine, GLP-1 such as Zepbound and Wyegovy to help control your appetite and cravings and reduce insulin resistance, setting you up for success.

- **Rocking Bod Weight Loss Kit**

This weight management program uses a combination of Naltrexone, Sermorelin, Lipo-Trim sublingual drops and a low-calorie intake to achieve weight loss. This program will boost your metabolism, improve your energy levels and curb your appetite to help you achieve your weight loss goals.

- **B12 injections**

A great option for boosting energy and helping to promote a faster metabolism through a quick and easy treatment process.

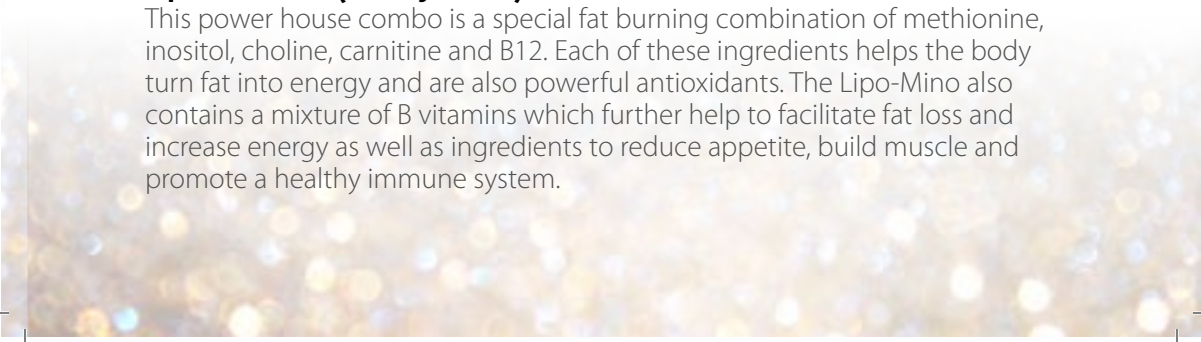
- **Liquid Lipo - \$700 Per Syringe**

Stubborn Fat Elimination \$700 per syringe- deoxycholic acid is injected into your excess fatty area such as the bra fat region or love handles. This solution destroys the fat cells' membranes so they collapse and your body can naturally absorb and remove the fat.

**Consultation Required**

- **Lipo-Mino Mix (Skinny Shots)**

This power house combo is a special fat burning combination of methionine, inositol, choline, carnitine and B12. Each of these ingredients helps the body turn fat into energy and are also powerful antioxidants. The Lipo-Mino also contains a mixture of B vitamins which further help to facilitate fat loss and increase energy as well as ingredients to reduce appetite, build muscle and promote a healthy immune system.





# Body Contouring

## **EMSCULPT NEO**

Emsculpt Neo is the most studied and comprehensive noninvasive body contouring device currently available in the world. Developed by BTL Aesthetics in Prague, this first-in-class, multiplatform device provides literally what all men and women want: more muscle and less fat! Emsculpt Neo combines two cutting edge technologies to maximize body shaping results: HIFEM (high intensity focused electromagnetic technology) to build 20% more muscle plus radiofrequency energy that heats fat cells causing 30% of fat cells to die.

## NON-SURGICAL BRAZILIAN BUTT LIFT

Using dermal fillers such as Radiesse and Sculptra (a collagen biostimulator) the butt is lifted and augmented, providing a Brazilian Butt lift without going under the knife. It is meant for the patient who needs a subtle lift, volume increase, and cellulite reduction and is especially appealing due to being far safer than major surgery.

This treatment can make incredible changes in your buttocks after only a few treatments! Of course, individual results may vary but we've seen major improvements with many clients that have selected this non-surgical butt lift procedure. This treatment will also stimulate collagen growth and make your skin tighter, reducing the appearance of cellulite and skin laxity due to aging.





# Health & Wellness

## **MICRONUTRIENT DEFICIENT TESTING - \$420**

The majority of chronic illnesses are attributable in large part to cellular deficiencies in micronutrients. By correcting deficiencies, you can prevent, treat and reverse many medical conditions. Micronutrients—the vitamins, minerals, antioxidants, and amino acids required for energy production, immune function, and growth—are utilized inside the cell. If a cell does not function properly, the metabolic and developmental processes necessary to sustain life are compromised and disease will result.

## **BIO-IDENTICAL HORMONE REPLACEMENT THERAPY -**

Bio-identical hormones can be prescribed in different ways. At Pura Vida Medspa, we have clients from all around the Jacksonville area and we believe each woman has her own unique experience with hormonal aging. Therefore, our treatment providers tailor a bio-identical hormone treatment plan specifically for each woman's needs and desired outcomes. We do not believe in a "one size fits all" approach to women's health.

## **PEPTIDE THERAPY -**

Revitalize your body from the inside out with custom peptide therapy. These targeted amino acid chains signal your body to restore, regenerate, and optimize vital functions—supporting energy, weight loss, mental clarity, libido, skin health, muscle tone, sleep, and more. Whether you're looking to boost longevity or enhance everyday performance, our medical team will personalize a plan to help you feel your absolute best. *\*Consultation Required*



## FEMTOUCH™ VAGINAL REJUVENATION

Restore confidence and intimate wellness with FemTouch™—a non-surgical, laser-based treatment that revitalizes vaginal tissue and improves tone, lubrication, and elasticity. Ideal for women experiencing dryness, discomfort, or changes due to aging, childbirth, or hormonal shifts. Quick, comfortable, and highly effective— with no downtime. *\*Consultation required.*

The background is split into two main sections by a diagonal gold line. The upper-left section is white with a repeating pattern of light green leaves. The lower-right section is black with a repeating grey damask pattern. At the bottom, there is a bokeh effect of gold and blue lights.

P U R A V I D A

